

National Cancer Institute Publications

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Publications About Breast Changes and Breast Cancer

[What You Need To Know About™ Breast Cancer](#) (also available in Spanish: [Lo que usted necesita saber sobre™ el cáncer de seno](#))

[Understanding Breast Changes: A Health Guide for Women](#)
["Cambios en el seno y el riesgo de desarrollar cancer"](#)

Publications About Cancer Treatment and Support

[Surgery Choices for Women with Early-Stage Breast Cancer](#)

[Radiation Therapy and You: A Guide to Self-Help During Cancer Treatment](#) (also available in Spanish: *La radioterapia y usted: Una guía de autoayuda durante el tratamiento del cáncer*)

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[Helping Yourself During Chemotherapy: 4 Steps for Patients](#)

[Biological Therapy: Treatments That Use Your Immune System to Fight Cancer](#)

[Eating Hints for Cancer Patients: Before, During & After Treatment](#) (also available in Spanish: *Consejos de alimentación para pacientes con cáncer: Antes, durante y después del tratamiento*)

[Understanding Cancer Pain](#) (also available in Spanish: *El dolor relacionado con el cáncer*)

[Pain Control: A Guide for People with Cancer and Their Families](#) (also available in Spanish: *Control del dolor: Guía para las personas con cáncer y sus familias*)

[Get Relief from Cancer Pain](#)

[Thinking About Complementary and Alternative Medicine: A Guide for People with Cancer](#)

["Biological Therapies for Cancer: Questions and Answers"](#) (also available in Spanish: ["Terapias biológicas: el uso del sistema inmune para tratar el cáncer"](#))

["How To Find a Doctor or Treatment Facility If You Have Cancer"](#) (also available in Spanish: ["Cómo encontrar a un doctor o un establecimiento de tratamiento si usted tiene cáncer"](#))

["National Organizations That Offer Services to People With Cancer and Their Families"](#) (also available in Spanish: ["Organizaciones nacionales que brindan servicios a las personas con cáncer y a sus familias"](#))

Publications About Living With Cancer

[Advanced Cancer: Living Each Day](#)

[Facing Forward Series: Life After Cancer Treatment](#) (also available in Spanish: [Siga adelante: la vida después del tratamiento del cáncer](#))

[Facing Forward Series: Ways You Can Make a Difference in Cancer](#)

[Taking Time: Support for People with Cancer and the People Who Care About Them](#)

[When Cancer Recurs: Meeting the Challenge](#)

Publications About Clinical Trials

[Taking Part in Cancer Treatment Research Studies](#)

[Taking Part in Clinical Trials: Cancer Prevention Studies: What Participants Need To Know](#) (also available in Spanish: *La participación en los estudios clínicos: estudios para la prevención del cáncer*)